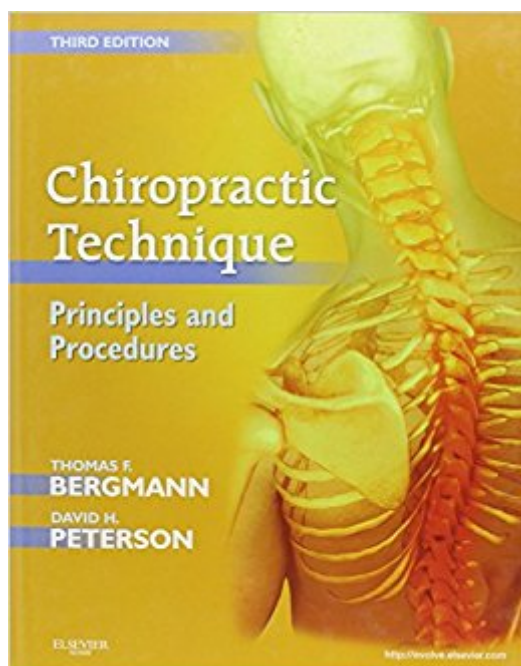


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# Chiropractic Technique: Principles And Procedures, 3e



## **Synopsis**

No other book offers a complete guide to chiropractic adjustive techniques! Chiropractic Technique, 3rd Edition makes it easy to understand essential procedures and provides a rationale for their use. Written by Thomas F. Bergmann, DC, FICC, and David H. Peterson, DC, and backed by the latest research studies, this bestseller describes the basic principles needed to evaluate, select, and apply specific adjustive procedures. With a review of chiropractic history, detailed descriptions of joint examination and adjustive techniques for the spine, pelvis, and extremities, and a companion Evolve website with how-to videos, this book is a must-have reference for students and clinicians. Offers over 700 photos and line drawings depicting the correct way to set up and perform adjustive procedures, clarifying concepts, and showing important spinal and muscle anatomy. Includes up-to-date research studies and methods for validating manual therapy. Discusses mechanical principles so you can determine not only which adjustive procedure to use and when, but also why you should choose one approach over another. Organizes content thematically with a discussion of practical anatomy, kinematics, evaluation, and technique for each joint. Covers anatomy and biomechanics in detail, along with adjustive techniques for the spine, extraspinal techniques, and additional techniques for special populations, helping you fully prepare for board examinations. Covers the manipulable lesion as a basis for treating disorders with manual therapy, including chiropractic techniques. Includes content on low-force techniques to help you treat elderly patients and patients who are in acute pain. Includes useful appendices with clinical information as well as interesting historical information, including a feature on practitioners who developed specific techniques. NEW Evolve website with video clips of the author performing all the adjustive procedures in the book. Updated and expanded content covers new information on joint anatomy and assessment including Newton's laws and fibrocartilage, joint malposition, joint subluxation, history of subluxation/dysfunction, and sacroiliac articulation. A procedure index printed on the inside of the front cover makes it easier to find specific procedures.

## **Book Information**

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## Customer Reviews

"For students of chiropractic and manual therapy, Bergmann (chiropractic methods, Northwestern Health Sciences U.) and Peterson (chiropractic sciences, Western States Chiropractic College) outline the basic principles needed to evaluate, select, and apply specific procedures, with an emphasis on thrust techniques. They cover chiropractic history, anatomy and biomechanical principles, joint examination, manipulative mechanics, the application of mobilization and traction, and adjustive techniques for the spine, pelvis, and extremities. This edition has updated and expanded content on joint assessment, joint subluxation/dysfunction, adjustive mechanics, and sacroiliac articulation, and updated and modified procedures, and it names each of the adjustive procedures following patterns used by the US National Board of Chiropractic Examiners. Access to how-to videos of about 300 procedures is provided online." - Book News, Inc.

David H Peterson, DC, Chiropractic Science Center, Western States Chiropractic College, Portland, OR; Thomas F Bergmann, DC, Editor-in-Chief, Chiropractic Technique, Mendota Heights, MN; and Dana J Lawrence, DC, Director, Publications & Editorial Review, The National College of Chiropractic, Lombard, IL --This text refers to an out of print or unavailable edition of this title.

This review is only for the kindle version of this Book, the book itself is in depth and closer to a 5 star, but I've been using this kindle version for just a little while and some of the links you click on take you to the wrong figure in the book, overall it just isn't as easy to navigate around as I would think the paper book would be. I am using an ipad to view the book, I'm not sure if that makes a difference.

This is my second purchase as I had the 2nd edition before. Through well documented, goes through all aspects from mechanics to examination to technique. The best technique book out there.

Great book for the Chiropractic student, it just needs a serious update and overhaul of the

photographs which are circa 1980's era. All in all a great purchase though!

the book is great, but i cant find the videos

Exactly what I wanted and also a board required text for those students who may need to take boards in the near future.

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